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| ***Lesson Plan*** | |
| **Topic** | Psychosocial and Spiritual Aspects |
| **Title** | **Practical issues at the end of life for patients and families** |
| **Learning Outcome** | Understand the importance of assessing and supporting patients and families’ spiritual needs. |
| **Summary** | The impact of caring for someone who is dying can have damaging, even catastrophic, socioeconomic effects on families. This is can be even harder when family members are living overseas. Giving patients and families opportunities to discuss concerns and being able to signpost to appropriate support services are key skills required by doctors. |
| **Learning Objectives**  **C- Cognition**  **S – Skills**  **A – Attitudes** | Cognition/ Knowledge:   1. Identify and explain the key challenges in preparing for the end of life for patients and their families. 2. Identify where to access help for patients and families to deal with practical, financial and legal issues – and explain how such services work.   Skills:   1. Recognise signs of spiritual needs/distress. 2. Demonstrates willingness to initiate discussion examining the patients/families spiritual concerns.   Attitudes:   1. Demonstrate how a doctor can support concerns regarding practical and financial issues at end of life |
| **Learning Methods** | * Problem based learning |
| **Timing** | Session 1   * First component of case study provided to students who are assigned to group of ~8 * Students undertake independent, self-directed study and discuss finding amongst themselves (this could be through an online discussion) before returning to larger group * Group ask incisive questions of tutor regarding factors yet unknown in the case   Session 2   * Second part of scenario provided answering key questions * Group to formulate and present plan of care based on new knowledge |
| **Bibliography/Resources** | Pivodic, L, et al., 2014. Burden on family carers and care-related financial strain at the end of life: a cross-national population-based study. The European Journal of Public Health, 24(5), pp.819-826. Available at: <https://academic.oup.com/eurpub/article/24/5/819/477460> |
| **Problem Based Learning References** | Barral, J.M. and Buck, E., 2013. What, how and why is problem-based learning in medical education. Annual Review of Biochemistry, 12(8), pp.34-35. Available at <http://www.asbmb.org/asbmbtoday/asbmbtoday_article.aspx?id=48713>  Mansur, D.I., Kayastha, S.R., Makaju, R. and Dongol, M., 2012. Problem based learning in medical education. Kathmandu Univ Med J, 10(4), pp.78-82. Available at: <http://mobile.kumj.com.np/issue/40/78-82.pdf> |