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| ***Lesson Plan*** | |
| **Teaching Unit** | Symptom Management |
| **Title** | **Neuropsychiatric Disorders**  Delirium/ Insomnia/ Depression |
| **Learning Outcome** | To assess, prevent and manage uncomplicated neuropsychiatric symptoms associated with life-limiting conditions using standard guidelines or protocols of care. |
| **Summary** | Recognizing and management of psychiatric symptom is a challenge for future doctors. These symptoms are nevertheless a great burden for patients and family members and doctors must be able to screen for their existence and |
| **Learning Objectives**  **C- Cognition**  **S – Skills**  **A – Attitudes** | **C- Cognition**   1. List main signs and symptoms of neuropsychiatric disorders, including: Delirium; Depression; insomnia; 2. Describe causes of neuropsychiatric disorders and explain the   principles of clinical management including pharmacological and non-pharmacological approaches  **S - Skills**   1. Develop a treatment plan for patients with uncomplicated neuropsychiatric disorders.   **A – Attitudes**   1. Identify the functional and psychological impact on the patient of the discomfort caused by neuropsychiatric disorders. |
| **Learning Methods** | * Lecture * Exercise: formative assessment * Case study * Experiential learning through bed side observation * Role Play * Portfolio of learning |
| **Timing** | 2 hour online + 1hour Flipped classroom / seminar  **E-learning / Distance Learning** 2 hour  **Seminar** 1hour  Case-based learning: focus on taking a detailed symptom history, focus to manage uncomplicated symptoms associated with life-limiting conditions using guidelines or protocols of care. Working groups of 2 students. Group of 6-10 students. Students will receive one different case study on each topic: delirium, depression, insomnia. Working time of 20 min. Each case will be presented within 5 minutes. |
| **Bibliography/Resources** | 1. Cherny, Nathan I., and Nicholas A. Christakis. Oxford textbook of palliative medicine. Oxford university press, 2011 2. [**https://www.fraserhealth.ca/media/07FHSymptomGuidelinesDelirium.pdf**](https://www.fraserhealth.ca/media/07FHSymptomGuidelinesDelirium.pdf) 3. <https://www.viha.ca/NR/rdonlyres/32A3D367-6868-4A91-9898-2B13FA32EB37/0/deliriumdecisiontree.pdf> (http://www.viha.ca/mhas/resources/delirium/)      1. <http://www.nhslanarkshire.org.uk/Services/PalliativeCare/Documents/NHS%20Lanarkshire%20Palliative%20Care%20Guidelines.pdf> |