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| ***Lesson Plan Model*** | |
| **Teaching Unit** | Symptom Assessment and Management |
| **Title** | **Dermatologic Conditions**  Wound breakdown /Malignant ulcers/ Lymphoedema |
| **Learning Outcome** | To assess, prevent and manage uncomplicated dermatologic symptoms associated with life-limiting conditions using standard guidelines or protocols of care |
| **Summary** | Patients in palliative care have increased risk to develop skin problems due to the underlying disease and the low performance status. Students need to be able to evaluate the risk factors and also consistently look out for skin problems in this category of patient and manage/ refer each encountered situation appropriately. |
| **Learning Objectives**  **C- Cognition**  **S – Skills**  **A – Attitudes** | **C- Cognition**   1. List main sign and symptoms of dermatologic symptoms (pressure ulcers, lymphoedema, malignant ulcers)   **S - Skills**   1. Develop a treatment plan for patients with dermatologic symptoms to providing symptom relief, including pharmacological and non-pharmacological approaches 2. Demonstrate ability to explain the approaches for preventing the development of dermatologic symptoms.   **A – Attitudes**   1. Adopt the practice of assessing of dermatologic symptoms (e.g. the common sites of pressure ulcer formation) on a regular basis |
| **Learning Methods** | * Lecture/Self-Directed study * Experiential learning through bed side observation * Clinical discussion * Demonstration * Reflection on experience * Portfolio of learning |
| **Timing** | 1. Online   Seminar/Clinical placement 1hour   1. Case-based learning: focus to manage uncomplicated dermatologic symptoms 2. Role play: Demonstrate the ability to provide education to people with life-limiting conditions, in the context of management of uncomplicated dermatologic symptoms |
| **Bibliography/Resources** | 1. Cherny, Nathan I., and Nicholas A. Christakis. Oxford textbook of palliative medicine. Oxford university press, 2011 2. <http://www.journaloflymphoedema.com/media/issues/878/files/content_11200.pdf> 3. <http://www.bccancer.bc.ca/nursing-site/Documents/Symptom%20Management%20Guidelines/8Lymphedema1.pdf> 4. Frank D. Ferris ,Susan K. Bodtke. Management of Pressure Ulcers and Fungating Wounds, 2012 5. <https://www.youtube.com/watch?t=315&v=M9mJShVvVGs> |