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| ***Lesson Plan Model*** | |
| **Topic** | Pain Assessment and Management |
| **Title** | **Barriers in Pain Management** |
| **Learning Outcome(s)** | Demonstrate understanding of the country specific opioid legislation assimilation  Explore and understanding myths regarding opioid use |
| **Summary** | In medical practice, the application of opioid therapy is affected by the existence of different myths regarding opioids among physicians and patients and also by legislative barriers.  In this session we aim to increase the student's awareness level regarding the existence of these barriers and providing them the theoretical support and the practical skills to prescribe opioids without fear. |
| **Learning Objectives**  **C- Cognition**  **S – Skills**  **A – Attitudes** | Cognition   1. Evaluate the current barriers in pain management: national and international policy; and popular myths concerning opioids. 2. State the legal requirements for prescribing morphine   Skills   1. Demonstrate how to address patients/families/professionals false beliefs concerning pain management;   Attitudes   1. Reflect to the negative impact of existing myths related to opioid use on patient’s analgesic treatment compliance. 2. Considering pain management a priority and advocating on patients behalf for good pain relief |
| **Learning Methods** | On-line activities **1 hours**  Seminar 1 hour |
| **Timing** | **On-line activities:** **1 hr before seminar students will do the online**  **Seminar review of online material**  Popular myths- lecture, aquarium, debates  National policy-slide 8-9: 5 minutes  International policy- slide 10-14: 5 minutes  Discuss myths and proposed modalities to overcome them |
| **Bibliography/Resources** | WHO Expert Committee on Cancer Pain Relief and Active Supportive Care, 1990  Hallenbeck J., Pathophysiology of Dyspnea Explained: Why Might Opioids Relieve Dyspnea and not Hasten Death? Journal of Palliative Medicine 2012;15(8):848-53  Porter J.and Jick H., Addiction rare in patients treated with narcotics. NEJM, 1980, 302(2):123.  M.R. Rajagopal and D. Joranson. Medical use, misuse and diversion of opioids in India. Lancet Vol.358 July 14, 2001.  <http://www.medic8.com/drug-addiction/what-is-pseudo.html>  Recommendation Rec (2003) 24 of the Committee of Ministers to member states on the organisation of palliative care. <https://www.coe.int/t/dg3/health/Source/Rec(2003)24_en.pdf> <http://www.eapcnet.eu/LinkClick.aspx?fileticket=7hi45GYUhq0%3d&tabid=1709> |